



VAGAL NERVE DYSFUNCTION SCORE SHEET

On a scale of 0-5, 0 being you do not experience this, and 5 being you experience the symptom severely, rate each of the symptoms below:

	SYMPTOM	RATING					
1	Diarrhea	0	1	2	3	4	5
2	Dizziness	0	1	2	3	4	5
3	Voice	0	1	2	3	4	5
4	Swallowing difficulties	0	1	2	3	4	5
5	Change in heart rate	0	1	2	3	4	5
6	Change in blood pressure	0	1	2	3	4	5
7	Brain fog	0	1	2	3	4	5
8	Anxiety / Depression	0	1	2	3	4	5
9	Digestive issues	0	1	2	3	4	5
10	GERD	0	1	2	3	4	5
11	Headaches	0	1	2	3	4	5
12	Nausea	0	1	2	3	4	5
13	Fainting	0	1	2	3	4	5
14	Shortness of breath	0	1	2	3	4	5
15	Vision issues	0	1	2	3	4	5
16	Fatigue	0	1	2	3	4	5
17	Sleep issues	0	1	2	3	4	5